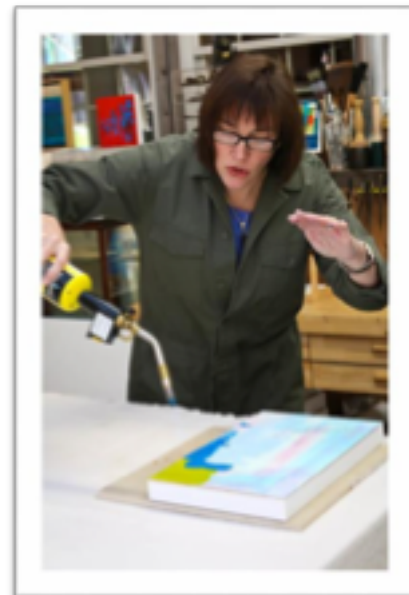




## PSME Welcomes New Members

**Louise Bourgault**, Magog, QC, Ca  
**Daniel Lovely**, OOB, ME  
**Sara Oseason**, Manchester By The Sea, MA  
**Priscilla Whitford**, Lewiston ME.  
**Laura Beckering**, Old Greenwich CT  
**Helen Stephenson**, Chamcook, NB, Ca

## Member Profile-Kelly Milukas



Kelly Milukas is an award-winning multi-media artist whose practice includes sculpture, pastel and encaustic painting, and fine art photography. Her “Keys to Cures” have been exhibited in many venues including The Ronald Reagan International Forum, in Washington, DC, the Museum at Palm Beach Photographic Centre, FL, and the Regenerative Medicine Forum in Berkeley, CA, among others. Her art work is in national museums, international private and corporate collections, such as The Boston

## Spring 2019 Newsletter

### 2019 PSME Board Members

#### President, Workshop Chair

Mary Beth Morrison, [mbkmartist312@gmail.com](mailto:mbkmartist312@gmail.com)

#### Vice President/IAPS Representative

Ruth Van Dine, [ruth@vandinedesign.com](mailto:ruth@vandinedesign.com)

#### Treasurer

Sara Ostrov, [sarapots626@gmail.com](mailto:sarapots626@gmail.com)

#### Recording Secretary

Norma Johnsen, [drhulga@yahoo.com](mailto:drhulga@yahoo.com)

#### Membership Chair

Fran Townsend, [ftownsend0908@gmail.com](mailto:ftownsend0908@gmail.com)

#### Hospitality Chair

Jerri Whitman, [jerriwhitmanstudio@gmail.com](mailto:jerriwhitmanstudio@gmail.com)

#### Newsletter/Email Correspondence

Mary Barrett [jinspec@maine.rr.com](mailto:jinspec@maine.rr.com)

#### Pemaquid Retreat

Sharon Gorman, [sharongormans@gmail.com](mailto:sharongormans@gmail.com)

Ruth Van Dine, [ruth@vandinedesign.com](mailto:ruth@vandinedesign.com)

#### Website and Social Media Administrator

Terrilynn Dubreuil, [travelingartista@gmail.com](mailto:travelingartista@gmail.com)

#### Workshop, and Member Show CoChair

Claudette Gamache, [claudettegamache@yahoo.com](mailto:claudettegamache@yahoo.com)

#### Member Show CoChairs

Marijke Damrell, [marijke.damrell@gmail.com](mailto:marijke.damrell@gmail.com)

Cheryl Di Cara, [cdicara62@gmail.com](mailto:cdicara62@gmail.com)

#### PSME 19th International Juried Exhibition CoChair.

Christina Davis, [crisdavis12@gmail.com](mailto:crisdavis12@gmail.com)

#### Public Relations Chair

Jane Frost, [janefrost12@gmail.com](mailto:janfrost12@gmail.com)

Group; Intarcia Therapeutics; Simpson Healthcare; and Wake Forest Institute for Regenerative Medicine, to name a few. She has served as a curator and juror and has presented talks in museums, arts and science forums, and arts organizations. She is a founding member of the South Coast Artists, RI & MA, and the past President of the Providence Art Club.

Milukas's tantalizing sculpture tells the modern story of regenerative medicine, biotech advancements, and invite the participants to ponder unlocking the mysteries of life. Her hand-cast and hand carved resin keys come in an array of glowing colors covered in genuine gold and silver leaf. The keys, with their message of hope and rebirth, have been an integral part of Milukas's "Keys to Cures" installations created in collaborations with the Regenerative Medicine Foundation, and Intarcia Therapeutics, and Brown University's Artist and Scientist as Partners.

"Artwork", says Milukas, "can be a facilitator for scientific knowledge. Artwork, by way of our senses and emotions impacts how we understand our world. Scientific studies show that art is a powerful ingredient to improving a person's physical, mental and emotional wellbeing.

"Keys can open hearts, unlock mysteries behind closed chambers, and they can set people free."

## Call for Membership

PSME dues are \$40 annually. They enable members to receive quarterly newsletter, membership in the International Association of Pastel Societies (IAPS), opportunity to accrue points toward a PSME Signature Member status, reduced application fees for shows & workshops, benefits of our website link, some art supply store discounts and the great fellowship of pastel artists! You may pay dues through the website membership online service with a credit card, or send a check direct to the Membership Chair, Fran Townsend, [ftownsend0908@gmail.com](mailto:ftownsend0908@gmail.com) Thank you for paying dues in a timely fashion! It helps keep our records current and saves the Chair work by getting it done early.

## Board Vacancies Available

The PSME Board of 2019 has recently filled several of its vacancies and looks to our membership to fill those remaining. Members who live in rural areas and other states are urged to participate on our board. Most of our business affairs are conducted through email. There are only four board meetings scheduled during the year. Meetings can be participated in via phone or computer if you wish.

These are the currently available positions.

## Nominations Chair

## Educational Programs Chair & Co-Chair

And now...let's welcome the newest members of the PSME Board.

### Membership Chair

Fran Townsend, [ftownsend0908@gmail.com](mailto:ftownsend0908@gmail.com)

### Public Relations Chair

Jane Frost, [janefrost12@gmail.com](mailto:janefrost12@gmail.com)

### Hospitality Chair

Jerri Whitman, [jerriwhitmanstudio@gmail.com](mailto:jerriwhitmanstudio@gmail.com)

## Lending Library

Why not make the most of the remaining winter months and learn a new skill or technique before warmer plain air weather returns? Consider inviting a friend or two over to watch a DVD and paint together or set up a group challenge. Did you know that PSME has a great Lending Library with numerous pastel books and DVDs that are available upon request? Visit the PSME website to learn about how the library works and find a list of available materials. Make the most of one of the benefits of your PSME membership - borrow books and DVDs from the PSME Lending Library and learn something new.

For those of you who have used the lending library in the past, please take a look around your studio and see if you might happen to have any of the missing PSME Lending Library materials listed below. Also, please consider donating any pastel books or

DVDs that you may no longer be using to the lending library; we are always looking to expand our collection!

**Books:** Dresh, Elsie *Create Better Paintings*

Springs, Justins *Wolf Kahn Landscapes In Pastel*

**DVDs:** McKinley, Richard *Bold Underpainting For Lively Pastel Landscapes* Rohm, Robert *The Art Of Water I & II* (2 disc set)

**Videos:** PBS *Cezanne In Provence*  
For more information, contact the PSME Librarian, at [kbergquist36@comcast.net](mailto:kbergquist36@comcast.net)

## PEMAQUID RETREAT 2019 MAY 30 - JUNE 2

This retreat in 2019 will feature guest artist Lisa Regopoulos whose pastels are beautiful and energetic! She will do a demonstration for us on Saturday morning and a critique on Saturday afternoon. Plein air painting will be at the Pemaquid Lighthouse and surrounding area.

Hotel Pemaquid hosts our group and will re-open for registrations. See the PSME website "Retreats" section for more information. Sharon Gorman, [sharongormans@gmail.com](mailto:sharongormans@gmail.com) or Ruth Van Dine, [Ruth@vandinedesigns.com](mailto:Ruth@vandinedesigns.com)

## PSME Member Show

**April 30-May 31, 2019 at Morrell Room, Curtis Library, Brunswick, Me**  
**This a non-juried show open to all current members of PSME.**

Further information and prospectus is currently available on the PSME website; [pastelsocietyofmaine.org](http://pastelsocietyofmaine.org).  
Open Exhibitions. Open Non-juried Exhibitions  
Registration Deadline 4/10/2019

## International Juried Exhibition

**September 5-October 26, 2019**  
**19th PSME International Juried Exhibition, *Pastels Only***  
**Saco Museum, Saco ME**  
**Juror of Selection and Awards,**  
**Jen Evenhus.**

Prospectus for the event is currently available on the PSME website: [pastelsocietyofmaine.org](http://pastelsocietyofmaine.org), Open Exhibitions. Open Juried Exhibitions. Entry submissions open May 1 with a submission deadline at midnight on August 1, 2017.

## 2019 PSME Workshops

A 3 day and a 2 day pastel workshop are planned, at the Ferry Beach Park Association in Saco Me, a destination retreat facility on the ocean. Instructor, **Jen Evenhus** will teach workshops on the theme, "Beauty in Imperfection"  
This will occur in **September /October 2019**, in conjunction with the 19th

International Show, at which Jan Evenhus will be the judge for awards. Further information and prospectus is currently available on the PSME website; [pastelsocietyofmaine.org](http://pastelsocietyofmaine.org).  
Open Education. Open Workshops.

## Member News

**Sally Loughridge** continues to exhibit her oil and soft pastel artwork at Pemaquid Art Gallery, where she has been an artist member for 19 years, Mast Cove Galleries in Kennebunkport, and Archipelago in Rockland. In August, she will have a solo show at Camden Public Library. The Kefauver Studio and Gallery carries her handmade jewelry, inspired—like her artwork—by her observations of and gratitude toward nature. Sally also frequently has paintings included in the juried Kefauver Gallery shows.

Two developments on the book front: First, several of Sally's paintings from *Rad Art: A Journey Through Radiation Treatment* will be featured by invitation in the "Reimagining Breasts" Fall 2019 issue of *Imaginations—Journal of Cross-Cultural Image Studies* founded at the University of Alberta.

Second: a book co-authored with two psychological colleagues in 1988, *Changing Families: A Guide for Kids and Grown-ups*, will soon be re-issued in Russian by a Russian publisher. This book features the drawings and words of many children they worked with therapeutically during major family changes.

**Anne Emerson** is pleased to announce that she has an exhibit in Paris at Restaurant Pause, 60 Blvd des Malherbes, Paris 75008. “Méditations on the Grand Canyon”, January 28-March. 25, 2019.

**Paula Fraser** has a show of her work at the Brown Library until end of March. This cute little library is in the town of Bradford NH  
Paula was asked to paint some of the local sites like the meeting house and one room school.



Paula Fraser Pastel

If you enjoy winter sports and are in the Sunapee region check it out.  
Open Monday, Wednesday, Saturday.

**Carolyn Corliss** took part in the 2019 Regional Exhibit at the Library Arts Center, Newport NH.

There were far more entries than ever—168 pieces from 96 artists—and they were able to accept fewer pieces than usual as there is a separate show in the West Gallery during the Juried Regional this year.



Congratulations also to Carol Corliss for being 1 of 8 artists chosen to display a larger body of work for ‘Selections 2020’.

**Rebecca Shorb** will be showing her pastels at The Grill in Damariscotta from June 10-July 22.

**Mary Beth Morrison** is an exhibiting member of the Art Space Gallery, 405 Main St, Rockland, ME. Mary Beth will be the featured artist in August 2019.

## Member Workshops and Classes

Submitted by PSME Member, Carol Corliss



### NightScapes in Pastel”

Christine Ivers

Saturday & Sunday— April 6 & 7, 2019,  
10:00 - 4:30

Stone Arch Village Community Room,  
835 Court Street, Keene, NH

“NightScapes in Pastel” - This is a two-day workshop that explores texture, temperature and the medium of pure pigment. Students will have the opportunity to paint from their own photos or photos that will be available. You will also be able to purchase pre-prepared boards that incorporate the surface that I work on. All levels are invited.

**The registration fee for this 2-day workshop is \$250**

**Price will increase to \$300 after March 20th, 2019.**

This fee is non-refundable unless the minimum number of students is not met or the class is cancelled by this art group or the instructor.

Please contact

[rivervalleyartisans@tpdi.biz](mailto:rivervalleyartisans@tpdi.biz) for more information or a registration form.

## Monadnock Area Artists Association presents

Submitted by PSME Member, Carol Corliss



### Realistic Still Life in Pastel

**Lisa Ober, Nov 2 & 3**

**Keene, NH**

(Also - Rita Kirkman is coming May of 2020 to Keene, NH)

Please write [bagel@tpdi.biz](mailto:bagel@tpdi.biz) to be put on a list for when the registration form is ready

### J. Whitman Studio 2019 Workshops

**Robert Carsten**

4/26/19 - 4/28/19

Cost \$375.00

**Mike Beeman**

Painting with Pastels

9/27/19 - 9/29/19

\$400.00

**Doug Dawson**

10/3/19 - 10/5/19

Cost \$425.00

**Location:** J. Whitman Studio

900 Gardiner Rd

Dresden Maine 04342

United States

Contact Information:

Jerri Whitman 207-779-6277,

[jerriwhitmanstudio@gmail.com](mailto:jerriwhitmanstudio@gmail.com)

## Simplifying the Plein Air Landscape

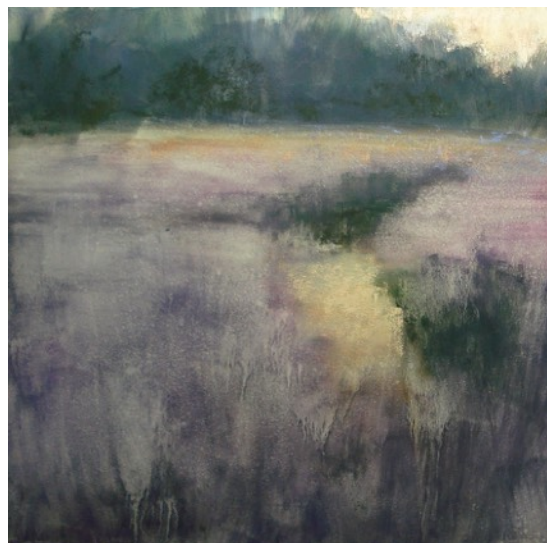


**Location:** Gilsland Farm Audubon Center, 20 Gilsland Farm Road, Falmouth, Maine

**Dates:** May 4th and 5th, 10 - 4 pm

<https://carolyncaldwell.com/workshop/20574/simplifying-the-plein-air-landscape>

Carolyn Caldwell is a signature member of the Pastel Society of America and has taught workshops in Maine, Italy, Cape Cod and Montana.



oil stain underpainting

## Exploring Creative Underpainting Techniques

Date/Location: Saturday, April 20 in Freeport

Additional Date/Location: Saturday, May ? in Westbrook - TBA Hours: 10 am - 4 pm

Cost: \$75 day

Learn how to use various underpainting techniques to set up a pastel painting and create a catalyst for unlimited possibilities.



watercolor underpainting

## Group Painting Opportunities Paint Outs

### PSME has joined PAPME for Paint Outs.

#### 2019 Season News from PAPME

Any painter is welcome to come paint with PAPME. Just contact the Gmail below and they will let you know where they will be painting.

[cmcintyrepaintings@gmail.com](mailto:cmcintyrepaintings@gmail.com)

Southern Maine Members can email Corinne McIntyre, [opstudio@roadrunner.com](mailto:opstudio@roadrunner.com) to join the email list for paint outs.

Until we start painting again, check out the [pleinairpaintersofmaineblogspot.com](http://pleinairpaintersofmaineblogspot.com) for messages of interest.

And for your calendar: May 30-June 1, Plein Air Days at Coastal Maine Botanical Gardens , complimentary admission for artists who want to paint there.

The following folks will be organizing painting locations when weather cooperates:

Midcoast Chapter  
Volunteers needed.  
Fran Scannell [franscannell@gmail.com](mailto:franscannell@gmail.com)  
(email caregiver)

Southern Maine Chapter  
Todd Bonita [tmbonita@gmail.com](mailto:tmbonita@gmail.com)

Downeast Chapter (Lubec)  
Ann Oliver-Nickerson  
[anmolivernickerson@gmail.com](mailto:anmolivernickerson@gmail.com)

Underpaintings can help solidify the composition's abstract shapes, establish accurate placement of light and dark values, and set the painting up for luminosity, while freeing you up to concentrate on what you really want to paint. Embrace the serendipity that underpaintings can offer and allow your intuitive side to shine. We will work with a variety of underpainting materials and techniques to explore how underpaintings can expand the creative potential in your work.



Monochromatic terpenoid underpainting

Class will include demonstrations, with ample time for experimentation and creation of underpaintings. For more information regarding the class, please contact: [kbergquist36@comcast.net](mailto:kbergquist36@comcast.net)



North Midcoast Chapter (Tenants Harbor)  
Chris Moses [Chriscartermoses@gmail.com](mailto:Chriscartermoses@gmail.com)

Greater Portland Chapter  
Kevin Tacka [kevintacka@gmail.com](mailto:kevintacka@gmail.com)

Western Maine Chapter  
Mike Ranucci [mjranucci@roadrunner.com](mailto:mjranucci@roadrunner.com)

Anyone is welcome to form a chapter in Maine, just let me know who you are and where you are, and you can let everyone know where you will be painting when we resume regular emails.

I want to share some nice thoughts from Freeport artist Suzanne deLesseps who does outstanding oils and pastels (see <https://suzannedelesseps.com/> )

"We are all guilty of going out to paint and searching, searching, searching for the perfect scene, the perfect light, the perfect subject. Well, I've got news for you! It may just be right in your back yard, at the end of your driveway or from your steps. I've recently had a couple of discussions with fellow artists about some of my recent paintings and how I manage to show beauty where you least expect it. I think it has to do with "seeing" the interesting possibilities in the ordinary things of everyday life. It's not about finding a beautiful subject to paint but making the subject at hand beautiful in the way that you paint it. Painting is so much more than recording what you see. And, that goes for painting from photographs, too. As artists, we need to bring something more to the party, show something of ourselves - some intrigue, some emotion. That's what it's all about."

Suzanne deLesseps  
<[suzannedel@zwi.net](mailto:suzannedel@zwi.net)>

## Kennebunk Area Open Studio

### Artists' open studio and workshop



All media  
Bring your own easel.  
Kennebunk Unitarian Church  
Every Friday 10 to 2  
\$5 donation to Church  
Parking behind Kennebunk Library

### PSME Facebook Page and Website

**IMAGES:** Reminder to PSME Members: We are always looking for *high definition images of new artwork*, to share on social media (the Website and Facebook). E-mail good quality photos, with your name, title, size, and a short caption explaining your process or experience creating the work - to [travelingartista@gmail.com](mailto:travelingartista@gmail.com).

Put "PSME Art - Your Name" in the subject line and send the link to your website so we can connect them.

## Next PSME Board & Member Meeting

Our next PSME Board meeting, Tuesday April 16, 10am - 12pm. The meeting will be followed by painting critiques. Those wishing to partake - bring 2-3 pieces to share. Location at: Continuum For Creativity, 863 Main St, Westbrook, ME. (Mary Brooking Gallery)  
All PSME Members are invited to attend.

## 2019 Calendar of Activities

**April 16**, 10-2 Board meeting, critique, Continuum For Creativity, 863 Main St, Westbrook, ME

**May 1- 29**, PSME Members' Show, Curtis Library, Brunswick, ME

**May 11**, Opening Reception at Curtis Library, 1-3pm Pastel Demo with Rebecca Shorb, 4pm Award ceremony

**May 18**, Children's Pastel Mini Workshop, Curtis Library

**June 1-3**, Pemaquid Retreat, Pemaquid Hotel, ME Lisa Regopoulos guest artist

**June 27**, 10am- 3pm Program & Member Meeting, Norlands Living History Center, Livermore ME 10-noon, meeting, short lunch, 1-3pm Demo with Jerri Whitman

**August 17**, 10-noon board meeting, 1-4pm Program & Demo with Jeff Fioravanti, Kennebunk, ME

**Sept 10- Oct 26**, 19th International Juried Pastel Exhibition, Saco Museum, Saco, ME

**Sept 11-16**, Pastel Workshops with Jen Evenhus, Ferry Beach Park Association, Saco, ME

**Oct 5**, 1-3pm, Program, 'My Travels with Pastel', with Suzanne DeLesseps, Saco Museum, Saco ME

**January 4, 2020**, PSME Annual Board Meeting.

## President's Word

This New England winter of cold winds, many snows, rain, and icy ground has been a trial. I hope this newsletter finds you painting securely in a warm spot, well and working away!

I am writing this from a short vacation in the sun, a welcome respite, and am being inspired to an expressionist, abstract painting response to this change of scenery and activity. Starting with thumbnails and 2x2's, I work up a journal of ideas to flesh out later and larger. I need days to take in a new place, wishing I could more instantly respond, then, to paint ideas while out of my studio is a challenge. I tell myself - Enjoy the difference, seize the day! Use what you have! Make the most of it! Look with eyes, not only the camera, and most of all, be conscious in the moment.

In June I am excited to attend the IAPS convention in Albuquerque, and mindful while there to talk with colleagues and painters, vendors and administrators, and come home with some good things to share. It is a bit overwhelming what is condensed into that one week, so I hope to be open and receptive as much as possible.

Our board is working on PSME activities for 2019, which you are encouraged to attend, visit, & participate in! We have lined up demonstrations and program by Signature Members Rebecca Shorb, Lisa Regopoulos, Jeff Fioravanti, and Suzanne DeLesseps - s

See the calendar for dates, locations and times. There are plans developing for a kids' mini pastel workshop, a high school senior scholarship, and a Creativity day - these activities speak to our mission of education to the public about pastel, and to edify our members. The offerings are varied and will be interesting and stimulating, and most are free of charge.

Our PSME 19th International Juried Exhibition is happening in September and October - paint now for this great opportunity, we want to see you there! Deadline for online submission is July 10th. Our Exhibition Juror of selection and awards, Jen Evenhus, is excited to be with us in September to conduct two wonderful workshops by the sea at the historic Ferry Beach Park Association. Registrations are coming in now! Help us to fill these opportunities by attending, or spreading the word!

My hope is for PSME to have an annual Signature Members show. Last year's show at the Brick Store Museum's Baumann Gallery was well appointed and there were sales. My thanks to Lee Borden Macos' preparatory work. I'd like to feature our accomplished members again, but need a little help. Please contact me if you know of a good possible venue for a 2019 holiday show, or spring or summer 2020.

We would like to feature a running list of paint outs - or in - going on around the state. If you are involved in one, may we list you as a contact, or would you share location, times & contact person with PSME to post on the Web and Face Book? Contact Terrilynn Dubreuil, [travelingartista@gmail.com](mailto:travelingartista@gmail.com)

I am thankful for our well functioning board officers, Chairs, and new board chairs - Fran Townsend in Membership,

Jane Frost in Promotions, and Jerri Whitman as Hospitality Chair. Many thanks to each worker, each officer, every volunteer, each friend, and all members who said Yes! to PSME by renewing membership. Please contact a board member with any concerns, needs, suggestions, or questions that you may have.

Keep painting, do it your way, and open your eyes to the new day!

**Mary Beth Morrison**

## **PSME Member Discount**

The South Portland A.C. Moore Store (will recognize a current PSME membership card with a 70% discount in their framing section. Also offered is a teacher discount of 15% off most inventory anywhere in the store. They have a VIP program that affords more discount but is an elective annual purchase by the consumer. These discounts apply only to active PSME Members and cannot be transferred to another person. Members will need to present their PSME Membership Cards\*, before receiving a discount on their purchase. These discounts will currently only be available at the South Portland Store.

\* To obtain a PSME Membership Card, email Fran Townsend at [ftownsend0908@gmail.com](mailto:ftownsend0908@gmail.com) and request your membership card. The card will be emailed to you. The card may be printed and used by you





